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#### CONTACTS

**ASKHR:** 801-442-7547 or [askHR@imail.org](mailto:askHR@imail.org)

**Employee Health:** [EHServices@imail.org](mailto:EHServices@imail.org)

**After hours or if you are a physician call:** HOTLINE 1-801-442-6765

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#### EXPOSURE RISK IS HIGH

Definition: No PPE or breached PPE. Caring for a family member at home with KNOWN COVID-19

1. Contact ASKHR to inform Employee Health of the exposure, date, and caregiver name, employee number, work location and good phone number. (After hours or if you are a physician call the Hotline)
2. Begin masking until evaluated by Employee Health COVID Nurse.
3. Monitor symptoms, including 2 times a day temperature for 14 days; On the first day the caregiver will receive a Symptom Watch Redcap Survey link. If symptoms present call ASKHR. If asymptomatic after 14 days follow return to work guideline below.

#### EXPOSURE IS VARIABLE OR LOW RISK

Definition: Droplet PPE was used, when Airborne should have been used, living or working with and individual exposed, living or working with one who has been exposed and has no symptoms, return from travel to a CDC level 3 country, a cruise, or a US city with high case counts.

1. Place the caregiver on Symptom Watch, including 2 times a day temperature checks. On the first day the caregiver will receive a Symptom Watch Redcap Survey link. If symptoms present call ASKHR. If asymptomatic after 14 days follow return to work guideline below.
2. There are no work restrictions, unless the caregiver or a household member develops symptoms.

#### SYMPTOMATIC CAREGIVER (fever, cough, shortness of breath)

*Caregivers are given high priority for test processing*

1. Call Employee Health immediately to start assessment for testing
2. If testing is indicated Employee Health will place a COVID 19 test order into iCentra and a Viral panel for the caregiver
3. Employee Health calls the Instacare and alerts them to a caregiver enroute to ensure Instacare uses proper PPE
4. Employee Health APP will contact the caregiver with results (24-72 hours depending on volume)

#### RETURN TO WORK

Caregivers diagnosed with COVID-19 will need to stay home until:

1. 72 hours no fever, without the support of medication – **AND** - improved respiratory symptoms – **AND** - at least 7 days have passed since symptoms first appeared: (body aches, headaches, etc. (cough is excluded as dry cough can persist for a month, without viral shedding)
2. After this period, caregiver may return to work safely. There are no testing requirements to return to work.
3. For immunocompromised and or vulnerable caregivers there are no differences for this category of patients from the above outline, however disease may be more prolonged.